

Let's Get Started

We are delighted you found us and honored that you've chosen to embark on your well-being journey with Robert Schulte, MD. Before we begin, we kindly ask all new patients to complete the attached form, which will only take about **15 minutes of your time**. This will help us understand how Dr. Schulte can best assist you.

Form Filling Instructions:

- Begin Filling Out: Tap on any field in the form, follow the blue "Next" arrow for all required fields.
- Non-Applicable Fields: If there is information that does not apply to you, please enter "DOES NOT APPLY" or "N/A".

Adding a Signature:

- Signature Field: All signature fields are required
- Initials Requirement: Ensure the patient's or parent/guardian's initials are included on the Arizona Disclosure and Privacy Notice.

Saving and Submitting the Form:

- Email your form to: contact@robertschultemd.com
- Fax your form to: (480) 451-3453

Helpful Tips

- Double Check All Fields: Before submitting, make sure every required field is filled in.
- If you need more room to answer or provide additional information, please use page 16. Make sure to reference the question and the corresponding page number when doing so.
- Need Help? If you run into any issues, don't hesitate to contact our administration care team. We're here to assist you! (480) 451-3454

Thank you!



NEW PATIENT INTAKE PACKET

| Today's Date | Referred By | |
|--------------------------------------|-----------------------------------|--------------------------|
| Patient's Name (Last, First, MI) | | |
| Birth Date | AgeGender: Fem | al _{SS#} |
| Address | City | StateZip |
| Preferred Contact Number | Secondary Contac | ct Number |
| Email: (We will use this for reminde | ers unless you specify otherwise) | |
| Alternate/Emergency Contact | Prefer | red Phone |
| Primary Physician | Phone | Fax |
| Pharmacy | Phone | Fax |
| Therapist (if applicable) | Phone | Fax |
| Marital Status:Married | _SingleWidowedDivor | cedSeparated#Yrs |
| Name of Spouse/Significant Other/ | Parent(s) | |
| Names & Ages of Children/Siblings | S | |
| If a patient is a minor please com | nplete the following: | |
| Mother's Name | Prefe Alterr | rred Phone nate Phone |
| Address | City | StateZip |
| Father's Name | Prefe Alterr | rred Phone nate Phone |
| Address | City | State 7in |



BILLING INFORMATION:

Witness

| Party responsible for pa | responsible for paymentResponsible Party phone | | | | |
|--|--|---|--|--|--|
| Responsible Party Addr | ess | | | | |
| | Number | Street | City | State | Zip Code |
| Insurance Information (Figure prescriptions. Some to submit forms on your | e insurance cari | riers require pr | ior authorization to cov | ver medications and | will require us |
| Carrier Name | | N | lember / Patient ID | | |
| Group ID | | C | Customer Service # | | |
| | BILL | ING & ATTEN | DANCE POLICIES: | | |
| ALL PAYMENTS ARE we will provide you with a nsurance company for re | a one page "Sup | erbill" with all t | | | • |
| Phone consultations ar nours are \$340. Multiple 3140. | | | | | |
| • PATIENTS/ GUARAN This information will onl and missed or late-cand long as it is offered at ti | y be used for acceled appointme | tual charges in | ncurred, including phor | ne consults, request | ted reports, |
| • There is a 24 hour car must be canceled by 2p ON FILE FOR ALL MIS | om on the previo | us Friday. FUL | L SESSION FEES AI | | |
| • While we do try to mal do so. PLEASE KEEP CHARGES. | | | | | |
| I have read, understant that the foregoing agree Robert Schulte, MD (o have not previously or credit card receipt and request. | eement is bindi r his staff at his r simultaneousl | ng in the state s direction) to ly arranged alt | e of Arizona. I hereby charge my card on fi ernate payment. I un | give express pern le for charges incu derstand that I will | nission to rred where l l be emailed a |
| Responsible Party Signa | ature | | Da | te | |

Date



PHYSICIAN-PATIENT AGREEMENT

This agreement serves to inform Dr. Schulte's patients regarding office policies, physician policies, and the Physician-patient relationship. Please read this agreement in its entirety and sign where indicated to acknowledge your understanding of this agreement and to abide by the policies contained therein.

ATTENDANCE POLICY: Dr. Schulte requires that all patients taking CII medication (generally, stimulants) be seen every three months and that those taking CIV medications (generally, benzodiazepines) to be seen every 4 months. All others on medication should generally be seen not less than every 6 months. Failure to maintain a regular attendance schedule may affect your ability to receive refills in a timely manner.

<u>PRESCRIPTION POLICY</u>: For REFILLS please contact your pharmacy directly; they will initiate the proper procedure. **Please make sure to allow sufficient time for processing on all prescriptions, especially on weekends, so that you do not run out of your medication.**

CONFIDENTIALITY POLICY: Please see attached "Arizona Notice Form."

RE: THE MEDICAL INFORMATION BUREAU: Health insurance policies sometimes require patients to release all encounter information for any service rendered that is claimed against the health care plan. The diagnosis and treatment information required on the claim form is often then forwarded to the Medical Information Bureau (MIB), where it becomes available to other insurance companies without the patient's knowledge or consent. For this reason, Dr. Schulte cautions all patients that the release of any information through the claims filing process *may* present a potential risk that could be personally damaging to unknowing patients should an inappropriate party gain access to the MIB national database.

MEDICARE PART B ENTITLEMENT POLICY: While Dr. Schulte will gladly treat patients who are Medicare eligible, he does not participate in the Medicare Part B program. Unfortunately, this means that Medicare eligible patients are not allowed to seek Medicare reimbursement for Dr. Schulte's services and are required by law to sign a "waiver of Medicare Part B entitlement" acknowledging the same. A waiver is included in this packet and will need to be signed prior to receiving services.

<u>PATIENT/PHYSICIAN RESPONSIBILTIES</u>: Each patient is responsible for providing accurate contact and billing information. If a patient's telephone, email, or address changes it is the duty of that patient to inform Dr. Schulte's office immediately to avoid disruption of communication.

Examination and treatment provided by Dr. Schulte is limited to outpatient psychiatric services. The patient should be aware that this does not necessarily constitute total or definitive psychiatric care, and that further evaluation and treatment may be required in some cases. It is the patient's responsibility to obtain follow up medical care for general health as needed or where when advised to do so by Dr. Schulte. The patient further acknowledges that psychiatry is a specialty within the field of medicine and is not meant to be a substitution for primary medical care.

TERMINATION POLICY: Dr. Schulte reserves the right to terminate any patient who violates treatment protocol, is generally non-compliant (with respect to treatment directives or office policies), willfully disregards treatment objectives that are designed to obtain positive clinical outcomes, or is rude or disrespectful to him or his staff. He will continue to treat the terminated patient on an *emergency basis only* for 30 days after termination.



STORAGE, TRANSFER & ACCESS TO PATIENT RECORDS ON TERMINATION OF THE PRACTICE:

In the event of the termination of Dr. Schulte's practice, the doctor (or a designee from his staff) will post two notices in the Arizona Republic, two weeks apart, regarding the close of the practice and information for locating medical records. The doctor or his staff designee will further advise all active clients (by letter or direct verbal communication) where and how they may contact the doctor for purposes of interim/transfer care or to request their records. Patients will be provided either a phone number to contact the doctor directly or with numbers for the Arizona State Psychiatric Association or the Arizona State Medical Board, who will be able to properly direct requests (the doctor will maintain current contact with both associations during the required period for records retention). The doctor will maintain a professional telephone contact number for a period of three to six months, depending on circumstances surrounding the closure of the practice.

To protect personal privacy, the doctor or his staff designee will only provide direct access numbers to active or recent (6-month inactive) patients. *Inactive* patients will be able to direct records requests to the Arizona State Psychiatric Association or the Arizona State Medical Board. The doctor will maintain records at:

North Scottsdale Psychiatric Specialists 8776 E. Shea Blvd, Ste 106-1024 Scottsdale, AZ 85260

The doctor or his staff designee will respond in a timely manner to patient requests for copies or access to their medical records. Unless prohibited by illness, temporary travel unavailability, or death the doctor will respond within 30 days or other legally or ethically mandated time frame. The doctor or his staff designee will dispose of unclaimed records after the legally specified time for retention by destroying said records such no confidential information remains in useable form.

In the event that circumstances require, the doctor or his staff designee will forward access and responsibility to another professional who will respond to records requests in accordance with legal and professional standards as set forth by the Arizona State Psychiatric Association and the Arizona State Medical Board.

I have read, understand, and accept the provisions of this Physician-Patient Agreement, and have no questions about the policies outlined herein. I understand that if I violate any provisions of this agreement my treatment may be terminated. I understand that this agreement is binding in the state of Arizona and that the provisions herein are for my protection and the protection of Dr. Schulte. The original, signed agreement will become part of my private medical record and I am entitled to a copy at my request.

| Patient signature | Date | _ |
|-------------------|------|---|
| Witness signature | | _ |



Arizona Disclosure and Privacy Notice

Notice of Psychiatrists Policies and Practices to Protect the Privacy of Your Health Information

THIS NOTICE DESCRIBES HOW PSYCHIATRIC AND MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

I. Uses and Disclosures for Treatment, Payment, and Health Care Operations

With your consent, I may use or disclose your protected health information (PHI) for treatment, payment, and healthcare operations purposes. Here are some definitions for clarity:

- PHI: Information in your health record that can identify you.
- Treatment, Payment, and Health Care Operations:
 - Treatment: Providing, coordinating, or managing your health care. For example, consulting with another health care provider like your family physician or another psychiatrist.
 - Payment: Obtaining reimbursement for your health care. This includes disclosing your PHI to your health insurer to get reimbursement or determine eligibility or coverage.
 - Health Care Operations: Activities related to the performance and operation of my practice. Examples include quality assessment, business-related matters like audits, administrative services, and case management and care coordination.
- **Use**: Activities within my office such as sharing, employing, applying, utilizing, examining, and analyzing information that identifies you.
- **Disclosure**: Activities outside of my office, such as releasing, transferring, or providing access to your information to other parties. Int.

II. <u>Uses and Disclosures Requiring Authorization</u>

For purposes outside of treatment, payment, or healthcare operations, I will obtain your written authorization before using or disclosing your PHI. An "authorization" is additional written permission for specific disclosures. This is also required for releasing your psychotherapy notes, which are notes from our sessions that are kept separate from your medical record and are given greater protection. You can revoke authorizations at any time in writing, except if I have already relied on that authorization or if it was obtained as a condition of obtaining insurance coverage.

III. Uses and Disclosures Without Consent or Authorization

I may use or disclose PHI without your consent or authorization in certain circumstances, such as:

- Child Abuse: Reporting PHI to authorities if there's reasonable belief of neglect or abuse of a minor (Arizona Revised Statutes § 13-3620).
- Adult Domestic Abuse: Disclosing PHI if an incapacitated or vulnerable adult is believed to be neglected, abused, or exploited (Arizona Revised Statutes § 46-454).
- Health Oversight Activities: Disclosing PHI to the Arizona Board of Psychologist Examiners during an investigation upon receiving a subpoena (Arizona Revised Statutes § 32-2081).
- Judicial and Administrative Proceedings: Releasing information if involved in a court proceeding, under state law, with written authorization or a court order (Arizona Revised Statutes § 32-2081).
- Serious Threat to Health or Safety: If there's an explicit threat of harm or risk of self-harm, I may disclose information to prevent harm, including informing potential victims and the police (Arizona Revised Statutes § 32-2084).
- Worker's Compensation: Disclosing PHI as necessary to comply with laws related to worker's compensation (Arizona Revised Statutes § 23-908).

IV. Patient's Rights and Psychiatrist's Duties

Patient's Rights

- Right to Request Restrictions: Request restrictions on uses and disclosures of PHI (though not guaranteed).
- Right to Confidential Communications: Receive PHI communications by alternative means at alternative locations.
- Right to Inspect and Copy: Access and copy your PHI in mental health and billing records, with some exceptions.
- **Right to Amend**: Request amendments to PHI in the record.
- Right to an Accounting: Receive an accounting of disclosures of PHI.
- Right to a Paper Copy: Obtain a paper copy of this notice upon request.

Psychiatrist's Duties

- Maintain PHI and provide notice of legal duties and privacy practices.
- Abide by the terms of the current privacy policy unless notified of changes.
- If I revise my policies and procedures, I will provide a notice to you via mail and require a signature of receipt and understanding to be returned to my office.

V. Questions and Complaints

For questions or concerns about your privacy rights, contact my office manager at 480.451.3454. If you believe your privacy rights have been violated, you can file a complaint with my office. Or you may send your report to:

Arizona Board of Psychologist Examiners

1740 West Adams Street, Suite 3403, Phoenix, AZ 85007 Phone: (602) 542-8162 Int.

VI. Effective Date, Restrictions, and Changes to Privacy Policy

This notice is effective as of July 1st, 1997

NORTH SCOTTSDALE PSYCHIATRIC SPECIALISTS 8776 E. Shea Blvd, Ste 106-1024, Scottsdale, AZ 85260

| PHONE: 480.451.3454 FAX: 480.451 | 1.3453 | | |
|---|--------|------|--|
| EMAIL: contact@robertschulte.com WEB: http://robertschultemd.com | Int | | |
| | | | |
| | | | |
| Signature | | Date | |



AUTHORIZATION TO RELEASE / OBTAIN INFORMATION

| I, (name of or parent/guardian if a minor) | , hereby authorize Dr. Robert |
|---|-------------------------------|
| Schulte to obtain information from and release information to | : |
| | |
| | |
| Patient Name: | Date of Birth: |
| Reason for release: | |
| ☐ My request ☐ Coordination of Care ☐ Transfer of Care | |
| Other | |
| Portion of record to be released: | |
| All Diagnostic Evaluation Verbal Contact Diagnos | tic Test Reports |
| ☐ Summary of Contact with Client ☐ Other (specify) | |
| I understand why this information is needed and I am satisfic this form will be considered as valid as the original. This auth in writing or upon termination of care with Dr. Schulte. | • |
| Signed | Date |
| Witness | Date |



Acknowledgment of Receipt of Notice of Psychiatrist's Policies and Practices to Protect the Privacy of Your Health Information

| Schulte's Notice of Privacy Practices. This Notice demy protected health information, certain restrictions | enowledge that I have been given a copy of Dr. Robert escribes how Dr. Robert Schulte may use and disclose on the use and disclosure of my healthcare tected health information. I understand these policies |
|--|--|
| Signature of patient or representative | Date |
| Relationship to patient | |
| Witness | |



Waiver of Medicare Part B Entitlement

I have voluntarily decided to contract privately for services outside the Medicare Part B program. Neither I, nor my family, nor my heirs, nor my estate shall file any Medicare Part B claims or forms. Further, I neither require nor request that Robert Schulte, M.D. or his office staff to do so on my behalf. I hereby waive my entitlement to Medicare Part B benefits for all services rendered by Robert Schulte, M.D.

| Medicare Eligible Patient Name (Printed) | Medicare ID Number (if applicable) |
|--|------------------------------------|
| Eligible party Signature | Date Signed |
| Witness Name (Printed) | |
| Witness Signature | Date Signed |



Confidential Patient Medical History

Please provide the following information about your general health and your health history. Enter **P** for personal history and **F** for family history.

| ALCOHOL OR DRUG USE ALLERGIES; MEDICATIONS ALLERGIES; POLLEN, DUST, ANIMALS ANXIETY ARTHRITIS; GOUT BACK, NECK, SPINE, DISC PROBLEMS/INJUR BIRTH DEFECTS/DEFORMITY BONE/JOINT CONDITION BLOOD DISEASE; ANEMIA, LUKEMIA BREAST DISEASE BREAST IMPLANTS BLOOD VESSEL, CIRCULATION DISORDER BROKEN BONES/BONE DISEASE CANCERS OF ANY TYPE COLON/CROHN'S DISEASE CONCUSSION/HEAD INJURY DIABETES EAR/NOSE/THROAT DISEASE OR INFECTION EATING DISORDER; ANOREXIA, BULIMIA EPILEPSY/SEIZURE DISORDER, CONVULSIONS FEMALE ORGAN IRREGULARITY; ABNORMAL PAP ALLBLADDER DISEASE HEART DEFECT OR CONDITION HEPATITIS/LIVER DISORDER WEIGHT PROBLEMS | _HERNIA _HIV/AIDS _HORMONAL/THYROID/PITUITARY _HYPERTENSION/BP DISORDER _HYSTERECTOMY _IMMUNE SYSTEM DISORDER, LUPUS _INTESTIONAL DISORDERS _KIDNEY/URINARY TRACT CONDITION OR _INFECTION _MALE ORGAN IRREGULARITY/IMPOTENCE _MENSTRUAL PROBLEMS _MENTAL: NERVOUS, DEPRESSION _MIGRAINES/HEADACHES _MUSCLE/TENDON DISORDERS _NERVOUS SYSTEM CONDITIONS _PROSTATE DISEASE/CONDITION _PROSTHETIC IMPLANT/ ARTIFICIAL LIMBS _RECONSTRUCTIVE/COSMETIC SURGERY _SEXUALLY TRANSMITTED DISEASE _SKIN DISORDERS/LESIONS/CANCER _STEROID USE; PREDNISONE/ANABOLIC _STOMACH _STROKE _TUMORS, CYSTS, POLYPS, GROWTHS _ULCERS, DIGESTIVE DISORDERS OTHER, EXPLAIN |
|--|---|
| _WEIGHT PROBLEMS | OTHER, EXPLAIN |

Current and Past Medications (please list current and past medications)

| Current | Past |
|---------|------|
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |

If you have any history of substance abuse, please indicate:

| | Current | Past | | Current | Past |
|----------------|---------|------|------------------|---------|------|
| Alcohol | | | Cocaine | | |
| Hypnotics | | | Anxiety Pills | | |
| Tobacco | | | Marijuana | | |
| Diet Pills | | | Sleeping Pills | | |
| Caffeine | | | Stimulants | | |
| Narcotics/Pain | | | Others (Specify) | | |



| Do you have any medication allergies/sensitivities? If yes, which medications are you allergic or sensitive to? |
|---|
| Please list any other substances you have allergies to, such as foods or over-the-counter medications: |
| Have you ever been hospitalized? If yes, please state when, where, and why: |
| Have you ever had surgery? If so, please state the type of surgery, when, where, and why: |
| Has there been any family psychiatric history? If yes, please explain: |
| Do you have any legal history that may be applicable (arrests, lawsuits, etc.). If so, please describe: |
| Please check any of the following areas that you have experienced: Head injury Loss of consciousness Seizures Convulsions Other neurological diagnosis Have you ever smoked? YES If yes, number of years:Daily use: If female, date of last menstrual period: Are you pregnant? NO |
| Current Height: Current Weight: Blood Pressure History: High Normal Low BP Range (if known): |



CONFIDENTIAL PATIENT SOCIAL HISTORY

| Highest grade/Degree completed: | Where | 9? |
|--|-----------------------------------|---------------------------------------|
| How many hours per week do you work? | Do you enjoy your work? | YesNo |
| If retired, do you engage in activities outside your hor | me? | · · · · · · · · · · · · · · · · · · · |
| What is your household constellation? Do all of your | children live with you? | |
| How often do you spend time with others? | | |
| What precipitated this visit? (Feel free to use the back | of this page or request more pa | per) |
| | | |
| Please briefly describe your family as you were growin | ng up: | |
| | | |
| | | |
| | | |
| Please list any events from your childhood/adulthood t | that have had a profound effect o | on your life: |
| <u> </u> | | |
| 5- | | |
| a. | | |
| | | |
| Please describe any areas of conflict in your life (e.g: | work, children, spouse): | |
| <u></u> | | |
| | | |
| | | |



IF THE PATIENT IS A CHILD OR ADOLESCENT, PLESAE COMPLETE THE FOLLOWING:

| At what age did problem | ns begin? | | |
|--|-----------------------------------|------------------------------------|--------------------------|
| Does the child get along | with siblings? | | |
| Describe any difficulties | the child has or has had at sc | hool? | |
| | | | |
| Has the child been held | back any grades? NO | Has the child been in a | ny special classes? NO |
| Has any psychological t | esting been done at school?_ | | |
| | | | |
| | | | |
| — Has the child had issues | s with drug or alcohol use? | | |
| Did either parent experience any similar conditions as children? | | | |
| | | | |
| different or unusual? | (s) listed above, has the child e | · | y that seemed especially |
| | | | |
| | | | |
| | | | |
| Please list persons living | g at home where the child lives | (name, age, relationsh | ip to child): |
| Natal Development: | | | |
| Describe any problems | mother had during pregnancy | and / or difficulties with | n delivery: |
| Birth Weight | Oxygen needed? NO | O Incubator?NO | Blood transfusions? NO |
| Abnormalities: | | When developmental milestones met? | |
| Verbal: | Motor: _ | | |



Please use this section to provide any additional information. If it pertains to a specific question or if there is something you'd like Dr. Schulte to know, please enter it here. Be sure to include the page number and reference the question.